

Examination of Conscience

Responsibilities to God:

- ☐ Have I put God first in my life?
- ☐ Have I prayed every day?
- ☐ Do I choose what God wants for me over what I want for myself?
- ☐ Have I given my parents a hard time about wanting me to go to church or praying?
- ☐ Have I asked the Holy Spirit to help me whenever I have been tempted to sin?
- ☐ Have I asked the Holy Spirit to help me do what is right?
- ☐ Have I used God's name carefully? (saying "God" when I wasn't talking to Him or about Him is a sin)
- ☐ Have I tried my best to worship God at Mass by singing, praying, and listening?
- ☐ Have I misbehaved at Mass?

Responsibilities to Others:

- ☐ Have I obeyed my parents?
- ☐ Do I talk back to my parents?
- ☐ Have I been kind to others?
- ☐ Have I pouted or been moody?
- ☐ Have I fought anyone?
- ☐ Have I ever pushed or hit anyone in anger?
- ☐ Have I ever made fun of others?
- ☐ Have I ever been selfish towards others?
- ☐ Have I ever used bad language?
- ☐ Have I ever stolen anything?
- ☐ Do I ever brake others things on purpose?
- ☐ Have I ever told a lie?
- ☐ Do I always do my homework and chores?
- ☐ Have I ever told or listened to inappropriate or bad jokes?
- ☐ Have I ever been jealous of things that others have?