

Foundations Schedule

**Monthly Sessions: 3rd Sunday of each month from 11:00 a.m. to 12:30 p.m. at
Christ the King**

Session 1: September 21, 2025

Session 2: October 19, 2025

Session 3: November 16, 2025

Session 4: December 14, 2025 – Family Christmas Gathering

Session 5: January 18, 2025

Session 6: February 15, 2025

Session 7: March 15, 2025

Session 8: April 19, 2025